

LAKES GRAMMAR – AN ANGLICAN SCHOOL

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“With heart, soul, mind & strength”

Friday, 15 May 2015

NEWSLETTER

Issue 7

MESSAGE FROM THE PRINCIPAL

Happy Mothers' Day

I hope all the mums out there had a lovely Mothers' Day. Thank you to the P&F who organised the Mothers' Day stall and the breakfast. Most of those volunteers were mums themselves but there were two dads helping out as well! We had a very large turnout for the breakfast and the stall was very successful. The K-6 students enjoyed choosing a gift for their mum.

Year 7 2016

I recently asked parents of Year 6 students to answer a survey anonymously to indicate their intentions for their children next year. I also asked, if they would be continuing to Year 7 at Lakes, what are the reasons for staying with us. A very large percentage responded that their children will continue at Lakes. The reasons given were very positive and encouraging. Examples are:

- We are happy with the way our children are progressing at the school. Unlike our experiences with other schools, the majority of the students appear to be respectful of the teachers & are there to learn. Disruptive & disrespectful students seem to be a small minority which allows our kids to go to school to learn & understand how young adults should behave.
- It is an easy transition to high school. We have a child in high school already and are happy with the education provided
- Because she is already part of the Lakes Grammar community
- My son is very happy and after the tour of the senior school felt a great atmosphere as we have in the junior school. A friendly, happy atmosphere.
- We believe our child will be given a great education and opportunity attending Lakes Grammar senior school as we have seen with our daughter. We have been very happy with teachers and staff at the school. We feel Lakes Grammar offer a more personalised education being a smaller school and won't get lost in the mix. He has a great group of peers also.
- High School is daunting. To be in a familiar environment is less stressful transitioning from Junior to Senior. Lakes Grammar provide a high standard quality of teaching. Also our son attends Year 10 at Lakes. We are very happy with the school, and have had both our children in the school for some time. We like the Christian values and disciplines.
- I believe the support and high class teachers available at Lakes Grammar will assist my child for future years. Her future will be brighter for having attended Lakes Grammar.

Thank you to the many parents who have responded to the survey as it is vital to have accurate numbers for our planning for next year. If you have not yet answered the survey please refer to the email we sent last week to click on the link. Thank you.

If your child is in Year 6 or younger years and you have any questions about our Senior School, please feel welcome to contact me to discuss this further.

School photographs

The school photographers commented on how impressed they were with our students' standard of behaviour and uniform last week. They said our Junior School students were the best they had seen in any school! Of course, that makes us all very proud and is what we aim for. Congratulations to our students for their co-operative and respectful behaviour.

Michael Hannah (Principal)

PURE IMAGINATION

Pure Imagination
'A Senior School Production'

Wednesday, 27 May
7:00pm, School Hall

Tickets on sale Monday, 4 May
from Senior School reception.

Adults: \$12
Children/Concessions: \$10
Family (2 Adults, 2 Children): \$35

See website for more details.

cybersafetysolutions

Growing Up Online

FREE Seminar for Parents & Carers

All Welcome
No Cost

SEXTS, TEXTS & SELFIES
SUSAN
How to keep your children safe in the digital space.

Monday 1 June 7.30 pm
MacKillop Catholic
Sparks Road, WARNERVALE

RSVP DPC website www.brokenbayparentcouncil.com
Proudly sponsored by the Diocesan Parent Council

HEAD OF JUNIOR SCHOOL

MOTHERS' DAY STALL AND BREAKFAST

It was wonderful to see so many mothers at the school last Friday taking part in our annual Mothers' Day Breakfast with their children. This event is one of the highlights on our calendar and it is great to celebrate the special nature of motherhood in such a spirit. I would like to take this opportunity to recognise and thank the Parents and Friends Association for the great work that they do for Lakes Grammar and for the sterling job that they did on organising and conducting such a successful Mothers' Day Stall once again this year.

SCHOOL PHOTOS

Thank you to all of our families for the efforts that went into student uniform in the lead up to School Photo Day last Friday. The photographers advised us that our Junior School students have been one of the best groups they have photographed. They were so impressed with the children's behaviour and how well they are all wearing their uniforms.

EXCELLENT WORK

Well done to Isabella Williams in 5D who has written some amazing 'sizzling starts' in her writing this term. As a Junior School team, we have undertaken some professional development in a program entitled 'Seven Steps to Writing Success' which is enabling us to continue to refine our whole school philosophy and framework for the teaching of writing. Here are some of Isabella's sizzling starts – they make for great reading!

He was running. As fast as he could. But where was he running from, who was he running from?

As his face glowed with absolute delight, his eyes bright blue like the ocean's waters, and a smile as big as the Harbour Bridge – he knew this was meant for him.

As he shivered, he heard a rustle behind the dark, forbidden tree. What was it?

As the wind licked his ice cold face he could barely move. Talk. He could feel every hair on his body stand up like a fearsome animal getting ready to pounce.

Another well done to Sam Cook in 4J who completed an amazing assignment on William Wallace. Not me, but the Scottish rebel from history who featured in the Braveheart movie. I really enjoyed reading Sam's assignment on my namesake and well done on the quality of your research!

NAPLAN

The NAPLAN (National Testing) program ran smoothly for students in Year 3 and 5 who were well prepared as a result of the thorough planning and preparation by staff and through the students' own dedication and efforts. I would particularly like to thank our Year 3 and 5 teachers, learning support team and Mrs Walters and Mrs Jolly in this regard who conducted a significant amount of professional development for staff and organisation for the testing program in ensuring that the Junior School was as well prepared for NAPLAN as possible.

LATE ARRIVALS

With the onset of winter and shorter, darker days, a number of students have begun arriving to school late and have given the reason that they 'slept in'. While the temptation to stay in a warm bed for a little longer is understandable, particularly on cold, rainy mornings, it would be appreciated if the students could be encouraged to stick to a punctual morning routine to maximize their learning (and that of the other children in their class) by arriving to school on time.

STUDENT FUNDRAISER

Tahlia Moore (Year 3) and Briella Moore (Year 1), have organised a fundraiser for the support of Bear Cottage, the only children's hospice in NSW and one of only two in Australia.

Located in Manly, Bear Cottage provides support, respite and end of life care for children with severe illnesses and their families. The children who visit Bear Cottage range from newborn infants to 18 years of age and accommodation is also available for parents, as well as siblings of the children staying. Having Bear Cottage available to families' enables them to focus on the important things, such as spending quality time together and making every moment count.

Tahlia and Briella are inspired by the work of Bear Cottage and want to help the families that use this remarkable service. They have set themselves an Everyday Hero challenge of completing a 20km run over a 12 week period from 9th April 2015 through to 1st July 2015 and will be raising funds during this time.

If you are interested in helping Tahlia and Briella with a donation, please go to their fundraising page at:

<https://give.everydayhero.com/au/tahlia-bear-cottage-fundraiser>

A donation tin has also been placed at reception for any loose change you wish to give and will be donated under the name of Lakes Grammar – An Anglican School. All donations will go directly to Bear Cottage.

JUNIOR SCHOOL ATHLETICS CARNIVAL

The Athletics Carnival will be held on Tuesday 19 May at Warnervale Athletics Field. I wish all of the students the best as they compete for their Colleges and extend a warm invitation to all families to come along and cheer. The day should conclude by 3.00pm and children will be permitted to leave at the completion of the final presentations on the day provided they are accompanied by their parents or carers. Please ensure that permission notes for this event are returned as soon as possible.

CHURCH SERVICE

On Sunday, May 17 all students in Years 1 and 2 will join together for an exciting Family Chapel Service. I do look forward to seeing you all there for this enjoyable occasion.

BUILDING LEARNING POWER

Over the course of Term 2, we will be focusing on learning capacities associated with 'Soul' where students are able to look within and by reflective learners who examine the strategic aspects of learning.



BUILDING LEARNING POWER AWARD

Kynan Henson – 6A - displaying resilience when attempting challenging tasks
Thomas Pearson – KH - wearing his uniform neatly and with pride.
Holly Willsher – 4C - being a great organiser during collaborative learning tasks
Riley Walters – 6A - displaying resilience when attempting challenging tasks
Abigail Whelan – KH - always resisting distractions and continually concentrating on her learning.

Zoe Leys – 5D – overall application of BLP capacities.
Thomas Ellen – 3C - Planning and persevering in his writing of a Narrative.
Emerson Goodenough – 4C - displaying perseverance to help her improve her learning
Travys Conlan – Carrozza – 6A - displaying resilience when attempting challenging tasks
Jackson Butchard – 4C - displaying perseverance to help him improve his learning
Oliver Appo – 5D – overall application of BLP capacities.

ASSEMBLY AND CHAPEL

A reminder that K – 2 Assembly and Chapel will be held under the COLA each Monday afternoon this term, commencing at 2.05pm. Year 3 – 6 Assembly and Chapel will continue to be conducted in the School Hall each Thursday, commencing at 1.45pm. Both K-2 and 3–6 Assemblies and Chapel Services are relocated to the Junior School COLA or Music Room in the event of inclement weather and the classes who attend are staggered. Details are placed on the Events Line (4393 4134) by 1.00pm on the relevant day in the event of wet weather. Please refer to the Term 2 planner for details of classes who are leading or presenting at assembly and chapel this term.

UNIFORM AWARD

Congratulations to the following students who have received the Head of Junior School's Uniform Award over the past fortnight after being spotted around the campus looking immaculate!
Nathan Brown, Max Doran, Mitchell Fisher, Anna McKechnie, Alyssa Palmer, Elizabeth Thomas, Briley Walls, Lachlan Morris, Ella Palmer, Dylan Coyte, Tahlya Senz-Brummitt, Billie Johns, Kayla Wade, Jayden Rooke, Callum Walmsley, Benjamin Currie, Riley Simpson.

A Final Thought...

"A creative man is motivated by the desire to achieve, not by the desire to beat others." – Ayn Rand.
Will Wallace
Head of Junior School

Will Wallace (Head of Junior School)

UPCOMING EVENTS



P&F Trivia Night

Saturday, 13 June 2015
7pm School Hall

Tickets are \$10 each or table of 10 \$100
Book your tickets at flexischools.com.au

Australia's Cybersafety expert Free Seminar for Parents: *Growing Up Online*

The Broken Bay Diocesan Parent Council (DPC) provides seminars and workshops each term for all parents in schools across our diocese. This term's seminar for secondary parents is presented by Australia's Cybersafety foremost expert Susan Mclean.

Whilst the internet opens up a whole new world of learning and possibilities, cybersafety is one of the most confronting issues for teachers, parents and of course students. Our young people today have access to and are accessible by many millions of people worldwide via the vast array of websites, applications and online-games.

As parents, you have a very important proactive role to play in minimising the risk of cyberbullying, 'sexting and harassing behaviours online and Susan's informative and entertaining presentation will assist you to develop CyberSafety measures for your own family to ensure that your children remain as safe as possible when using the fabulous technologies available to them.

This important seminar is being hosted by Mackillop Catholic College, Warnervale on Monday 1 June at 7.30pm.

All parents from schools across the Catholic Diocese are welcome and there is no cost. To assist with numbers, please go to the DPC website to RSVP www.brokenbayparentcouncil.com.

JUNIOR SCHOOL LIBRARY NEWS

PRC 2015

Registration for the PRC ceased today. We currently have around 202 registrations (68 have been completed). If a student finishes the 2015 PRC in Terms 1 and 2, they will receive an early finisher's certificate (from us) and also get to place a light globe with their picture on it (this is the CBCA Bookweek theme for 2015 – "Books Light Up our World") onto our PRC display (while walking down the red carpet of course!). All completed challenges will get the end of year certificate from the Premier of NSW.

Please note the PRC website has changed. Please use the following link now for any information on the PRC:
<https://online.det.nsw.edu.au/prc/home.html>

TERM 2 'Superhero' short story writing competition

A reminder that this term, we are having a short story writing competition open to Years 2-6. This is a great opportunity for all creative writers to use 'Superheroes' as a theme. Entry / completed forms are available from JS Library display (see below). A Junior and Senior prize will be given to the best stories as judged by Mr Summers and Mr Wallace. Winners will be announced at the JS Assembly in Week 9.

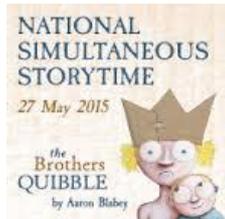
WHEELERS eBOOKS

Has your child accessed our Wheelers eBook facility yet? If they are in Years 4-6 and have an iPad, Android or similar device, they can read our growing collection of eBooks either online or downloaded. Many new titles have just been ordered. They can also borrow an iPad from the JS Library at lunch. Please see library staff for more details or grab a brochure from the JS Library.

LIBRARY BLOG

Check out our latest JS BLOG and see what students have been learning about in the JS Library recently. This BLOG will be updated when needed.

COMING UP IN JS LIBRARY....



Wednesday 27 May – National Simultaneous Storytime (K-4 only)

More details next newsletter...

OPENING HOURS

The JS Library opening hours are from 8:30am to 3.30pm Monday and Friday and 8.30am to 4pm Tuesday to Thursday. Students are also welcome to use the JS Library at lunchtime (2nd half) each Monday to Friday. **PLEASE NOTE:** any student using the library between 3-4pm must sign in and be picked up from the library and signed out by their parents. This time is for RESEARCH / HOMEWORK / STUDY use only. It is not a place for children to wait for parents to collect them in the afternoon.

Mr D. Summers (JS Teacher Librarian)

Maths tutoring in the Senior School Wednesday and Thursday mornings from 8.00am

CHAPLAIN'S CHAT

Matt's Mutterings

Next week is a big week in our household. Our eldest girl, Edan, is off to represent NSW at the Australian Gymnastics Championships in Melbourne. My wife Annette has been asked to be a chaperone for the team to help with the NSW competitors who live with life threatening food allergies, one being Edan. Coincidentally, next week is Food Allergy Awareness Week in Australia. 1 in 10 Aussie kids will develop a food allergy in their lifetime and next week is all about raising awareness so that we can care for these kids sensitively. Our Junior School are invited to paint 1 fingernail blue next week as the symbolic gesture to raise awareness and to cheer Edan on...go the blues.

I am deeply passionate about all of our students at Lakes Grammar feeling safe, confident and backed by our staff to be all they can be. My prayer is that from the moment our students start here in our community that they will know that we celebrate them as an individual and as a part of our Lakes Grammar Family. My own personal motivation is because this is how Jesus treated people and especially kids. He welcomed them and got cross at his disciples who tried to diminish the children's access to him. I am called to be a champion for our children, to be their voice when they can't find it, to pick them up when they fall and to encourage them to believe that God has a purpose and a plan for their lives. This passion gets me up each morning!

So I ask you, what is it that you are passionate about? What gets you out of bed each morning and sustains you each day? Life is too short for mediocrity. May you be encouraged to live passionately and if necessary rediscover what it is that God purposes for your life. May you know that He has a good and perfect plan for you and that you are precious to him...and may our school be a place where our kids can discover together a passion for life born out of God's love.

Bless ya!

Rev'd Matt Shorten (Chaplain)

Baptism and Confirmation

It has been my privilege to baptise a number of our students over the years. Often they have been babies, toddlers or pre-schoolers and then come to Lakes Grammar as students. If you are interested in having your child baptised or want to be baptised yourself then please contact me via the office to discuss how we can make this happen.

Confirmation is the special act where the Bishop calls together those who have been baptised (often as babies) and asks them to confirm those promises made on their behalf. Confirmation is about owning those promises for yourself and having the Bishop pray that you will be filled with God's Holy Spirit. In our Diocese Confirmation Candidates must be 12 or older. If you are interested in Confirmation for yourself or your child then please contact me via the school office. Our hope is to have a confirmation service later this year.

Rev'd Matt Shorten

DIRECTOR OF STUDENT WELLBEING

CENTRAL COAST YOUNG PEOPLE'S MENTAL HEALTH FORUM

Last Wednesday two of our Year 11 students (Grant Robertson and Montana Rumore) presented at the Central Coast Young People's Mental Health Forum. They spoke about the student led Mental Health Action Program (MHAP) team that we have at Lakes Grammar and the various activities they organise to promote positive mental health across the senior school. These include the Anti-bullying day, RUOK day and student activity sessions. Additionally they spoke about a number of initiatives across the school such as the Annual Student Wellbeing Survey and how it's used, the work of our SRC, Prefects and activities led by Year 12. At the conference were teachers and students from across the Central Coast. They did an excellent job and my understanding is that professional presenters

that came after them ended up referring repeatedly to their speech and the things that are happening at Lakes Grammar. Further, Grant and Montana have been now asked to give the same presentation at the upcoming Hunter Regional Independent Schools Wellbeing Conference in June.

The students from Years 8 & 9 that also had the opportunity to attend the forum were wonderful ambassadors for the school. They benefitted greatly and have great ideas that they want to develop to further enhance the culture and social environment here at Lakes.

YEAR 10 INTO YEAR 11 2016 INFORMATION EVENING

An information night for current Year 10 students and their parents will be held next Wednesday evening (May 20) at 7pm in the school hall. This night will be to advise students of the subjects that will be offered at the school in Year 11 and the subject selection process. Explanations of study requirements for the Preliminary and the HSC year as well as ATARs (University Entrance) will also occur.

Students will be given an information booklet to bring home on Monday to prepare them with information prior to the meeting. I encourage parents to read over this information as well.

CYBERBULLYING

Through a collaborative arrangement with MacKillop College we will be very fortunate to be able to have internationally renowned Cyberbullying expert Dr Susan McLean visit the school on June 1st and reinforce the Cyberbullying message to our senior students. In the evening our parents will also have the opportunity to attend a presentation by Dr McLean for parents from Lakes Grammar, MacKillop College, St Peter's and St Brigid's. The presentation will be held at the McKillop College Hall. See advertisement on the front page of this newsletter for further information.

To learn more about Dr Susan McLean you may wish to go to www.cybersafetysolutions.com.au

YEAR 9 CAMP

The school has been able to secure alternative dates for this camp and so this camp has been postponed to Term 4. This should, hopefully, mean warmer weather. Notes have been distributed to all Year 9 students about this.

Brant Maslen (Director of Student Wellbeing)

SENIOR LIBRARY NEWS

Welcome back to Term 2!

The library is bustling with new books coming in and older books going out. Our older books are being sorted and sent to children in Fiji. Please come and see our range of new fiction and non-fiction books being placed on the shelf.

There are a lot of students waiting for overdue books to be returned to the library so if you have books still overdue please return them as soon as possible. Emails will be sent to parents if books remain unreturned.

Mrs Nicholls and Mrs Carter

CAPA NEWS

'Pure Imagination' Dance Rehearsals

This week during sport we continued our rehearsals for the two junior dance items. Our contemporary dance is looking beautiful and we are focusing on the fine details, like pointing our toes and straightening our knees! Below is a picture of the girls practising on the stage. This dance is looking great girls – keep practising!

We also spent some time tidying up the jazz routine. We have shown a huge improvement from last week and I can't wait to see it all come together with the costumes!

Have a look at Brendan as "Woody", Piper as "Jesse" and Teegan as a toy soldier for the Jazz routine. Elise and Trinity are also in this picture with their pretty dresses for the contemporary routine.

The Year 11 contemporary dance was finished this week, as Mr Shayne from Central Dance Dept. visited the school for a final workshop. The girls were practicing with their cape and sceptre props (which Mr Langejans is 3D printing for us!). The routine is fast and complex, and requires precise timing. This group are highly experienced in performing and will bring it all together for the night! Keep practising boys and girls!



Emma Francis



Bundanon Art Camp 2015

Visual Arts students will be invited to attend Bundanon Art Camp once again in 2015. The camp will take place on the 10th – 12th of June. Our elective students in Years 9 to 11 are encouraged to join the camp, which is an enriching experience for talented young artists. Students may start applying now with applications available from Mrs Hobden in the C Block staffroom. You will be given further details in regard to costs and the program on application.

CAREERS NEWS

Careers Day
 Year 10 - All Day
 Years 11 & 12 - Attending Mini Expo

TUESDAY, 2 JUNE 2015
MINI EXPO 11:00 - 12:30PM
SCHOOL HALL

EXHIBITORS ATTENDING:

Armed Forces	University of Newcastle
CCGT	National Art School
TAFE/TVET	Australian Catholic University
CCUSA	Blue Mountain School of Hospitality
Tractor	Southern Cross Cultural Exchange
Wyong Council	North Gosford Private Hospital
Lattitude	University of Notre Dame
JMC Academy	Evocca College
	Whitehouse Institute of Design

For more information see Mrs James.

YEAR 10 CAREERS DAY

TUESDAY, 2 JUNE.

Year 10 students need to come to school dressed in interview attire. School Uniform can be worn but must be full school uniform. All students will have a one-on-one interview (kindly conducted by members of a local PROBUS group) and 2 periods of group interviews. This is to give them practice in these situations to improve their confidence. While waiting for their personal interview they will be going over how to prepare a resume.

As part of this big day there will be a Careers Expo held at the school from 11.00pm to 12.50pm. We have 16 exhibitors from Universities, Armed Forces, Design Schools, Gap Year interests etc. all kindly agreeing to take part. Year 11 also will be attending Period 4 and Year 12 Period 3.

As we have so many exhibitors arriving senior students will not be allowed to park in the top car park and are being asked to park down in the field next to the oval.

In addition, next Thursday, Year 11 will be attending a Career Expo in Newcastle to get some useful information on career choices.

Mrs C James (Careers Advisor)

ACTIVE FOR AFRICA CHARITY EVENT YEARS 7-10

Active for Africa Update

Date: Wednesday 27th May

Time: replaces regular sport periods 2 and 3

Cost Gold coin donation collected during roll call.

Reminder to all students that they need to decide what sport they wish to participate in for this special charity event

Option 1: Rhythm Connect African Drumming and Dance workshop (permission notes and \$11 payment are due Wed 20th May).

Minimum 50 students. Maximum 100 students.

Option 2: Soccer Tournament – registrations option Friday 22nd May.

Option 3: 5.896km Kilimanjaro Challenge Fun run/walk. No registration required.
BBQ sausage sandwich tickets \$2.50 each. Purchase tickets during lunchtime on Fri 22nd May, Mon 25th May or Tues 26th May.
Special Treat: A variety of flavoured African Simba chips will be available to purchase for \$3.00/packet on the Active for Africa Day.

All proceeds go to 'The School of St Jude's in Tanzania. It's great to see our students helping other students in need. Students will be learning more about this amazing school during the next few weeks leading up to the event. This event is being hosted by Duke of Edinburgh students and a few other volunteers from our school. It should be an exciting day for all, especially with the musical in the evening. Students in the musical will not be able to participate in the Drumming, soccer or Fun Run as they have rehearsals during sport time. Students can still join in the BBQ lunch and make a gold coin donation on the day.

Megan King (Coordinator)

SPORTS NEWS

JUNIOR SCHOOL SPORTS NEWS

HRIS X COUNTRY – 1/5/15

Despite the new surroundings at Morisset Showground, our school did extremely well in the HRIS X Country on 1/5/15. Congratulations to Ozzie Adams (3rd), Ava Burgess (6th), Ashley Pernecker (2nd), Elizabeth Thomas (10th) and Alexander Voigt (11th) who have all made CIS team. A special mention to Samantha Cameron who came 3rd in her Age group as well. A fantastic effort!



Thank you to all parents, staff and students for your understanding of all the changes that needed to be made due to the poor weather recently. Unfortunately 'Mother Nature' appears when we least expect it. Thankyou Mrs Gaul for taking the team. As you can see from the above photos, the track conditions were very 'trying'!

WEEKLY SPORT UNIFORM

Please ensure correct sports uniform (including correct mainly 'white' joggers and hats) are worn each Tuesday.

CIS NETBALL – 1/5/15

Congratulations to Eloise Cliff (OC) who recently made the HRIS side to compete at the CIS Gala Day in Sydney recently. She had a wonderful day, displaying versatility and great team work in both attack and defence. Overall the HRIS team placed 3rd. A great experience to be shared!



LEVI CURTAIN

A big congratulations to Levi Curtain (6L) who recently competed in the U14s Division of the NSW and National Water Skiing titles held in Victoria recently.

NSW Results: Slalom (3rd), Trick (1st) and Jump (1st). Placed 2nd overall.

National results: Slalom (14th), Trick (5th) and Jump (4th). Placed 4th overall

A fantastic effort for Levi, who competed with many 15 year olds and some who have been water skiing for many years. Mum and dad are very proud.

COMING UP:

19/5/15 - School Athletics Carnival – Warnervale Athletics fields

4/8/15 - HRIS Athletics Carnival – Glendale Athletics Centre

Mr D Summers (K-6 Primary Sports Co-ordinator)

SENIOR SCHOOL AND OTHER SPORTS NEWS

NEW EMAIL CONTACT: To ensure we are stream lining our email correspondence a new email address system has been put in place for sport.

SENIOR SCHOOL SPORT: Mr Andrew Jones sssport@lakes.nsw.edu.au

For all issues and questions concerning sport within the Senior School

JUNIOR SCHOOL SPORT: Mrs Anne Gaul jssport@lakes.nsw.edu.au

For all issues and questions concerning sport within the Junior School

SPORT CHOICES: Mr Andrew Jones and Mrs Anne Gaul sportchoices@lakes.nsw.edu.au

To be used with regards to sport choices

SENIOR SCHOOL ATHLETICS: Due to the wet weather the Senior School Athletics Championships were postponed. The new date is Wednesday, 20 May at Warnervale Athletics Centre. We look forward to a great day, especially weather wise.

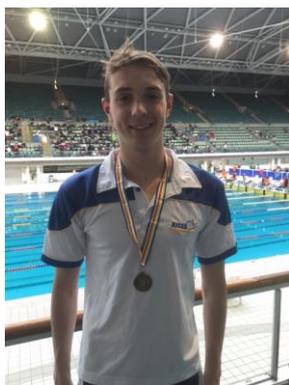
CROSS COUNTRY: Congratulations to all our "mud runners" who attended the HRIS Cross Country trials. Due to the wet weather the Championships were called off and trials were held in its place. The track was the muddiest track I have witnessed in HRIS history. Following the trials we have 11 competitors selected to compete at the AICES Championships on Thursday 4 June in Sydney. They are: Charlotte Akhurst, Lucy Barone, Ben Duncan, Ben Fletcher, Olivia Glanville, Connor Hambrook, Jacinta Leys, Ben Platt, Bronte Talbot and Nicholas Whymark.

SWIMMING: The Senior School Swimming season is still moving along with two of our swimmers competing at the NSW Combined Independent School Championships.

In the 16 Years Boys Logan Moore contested the 50m and 100m Breaststroke finishing 10th in the 50m and 8th in the 100m. Both swims resulted in Logan swimming personal best times.

In the senior age group Tyler Jones contested 7 events. He finished 6th in the 18 Boys 50m Backstroke, 9th in the 17-18 Boys 200m Individual Medley, 5th in the 18 Boys 50m Butterfly, 10th in the 17-18 Boys 100m Freestyle and 7th in the 17-18 Boys 100m Butterfly. Tyler saved his best for his two main events finishing 3rd in the 18 Boys 50m Freestyle and becoming CIS Champion in the 17-18 Boys 200m Butterfly. Tyler's time of 2.08.10 has now seen him qualify for the Australian Open Championships which is an Olympic trial in 2016.

Tyler will now contest the 17-18 Boys 200m Butterfly at the NSW All Schools Championships on Monday, 18 May and we wish him all the best.



Tyler Jones – NSW CIS 17-18 Years 200m Butterfly Champion



Logan Moore after his impressive 50m Breaststroke at the NSW CIS Championships

SNOWSPORTS: After years of success in the sport of Snowsports in previous years and the added interest from last year's Winter Olympics the school is seeking interest from any snowboarders or skiers who would like to participate this year. Over the past few weeks I have received enquiries from several families who are interested in competing this year. A meeting has been held but any interested families are encouraged to contact Mr Jones as soon as possible.

CONGRATULATIONS:

Jarrod Dodds who has been selected in the HRIS Open Boys Soccer team that played at AICES yesterday.

Taylah Lloyd who has been selected in the AICES Open Girls Hockey team that will play at CIS Championships. This is a rewarding selection as Taylah has persevered for many years to gain selection in the AICES team – well done Taylah.

Ryan Donergan, Sam Kentwell, Chase Yeadon and Oliver Dark who have been selected in the HRIS Rugby team that will play at the AICES Championships today.

Andrew Jones (Sports Co-ordinator)

Ph: 43934168, Mobile: 0428 663766 ajones@lakes.nsw.edu.au

CANTEEN NEWS

Mother's Day Breakfast

What a wonderful turn out there was for Mother's Day breakfast last Friday, a great deal of planning and organisation goes into these events from the both of us. It was great to see so many mums and grandmothers enjoying breakfast with their children. We once again purchased the fresh, delicious baked treats from Dave and Linda "Not Just Cakes" at Kanwal, a big thank you goes out to them both in supplying once again beautiful, fresh quality and the volume we needed to make this morning successful, along with Thompson Pies with our yummy banana bread and café style muffins. We also catered for our gluten free mums preparing fresh fruit salad tubs in the early hours of the morning.

Events like these aren't possible without the help of wonderful volunteers, so a big thank you to Jason Astbury, Jason Hogue, Megan Anderson, Lana Brown, Reli Raica, Tiffany Bowmaker, Julia Young, Rachelle Gayford, Tracey Stevens and our student helpers who made over 100 hot chocolates - Sarah Hattam, Joshua Hattam & Benjamin Anderson.

Up coming Events in the Junior Canteen

There will be a canteen operating at the upcoming Athletic carnival to be held at Warnevale oval on the 19th May. A menu will come home shortly. The junior canteen will also be open for Kinder and Year 1 as Ces Kau Kau and Kristie Wieland have volunteered to run it for the day.

I am in need of a couple of new volunteers, so if you're interested in volunteering **Monday or Friday** fortnightly or monthly, even if you can only do ½ a day, please call in and see me anytime, or call on 43934109.

Red Day – 26 May

The junior canteen will be having their once a term "red" day on Tuesday the 26th May,

All profits from the canteens do go back into the school.

Leigh-An Kyle (Junior School Canteen Supervisor)

Dianne Hattam (Senior Canteen Manager)

Phone – 43934167 Leigh-An Kyle (Junior School Canteen Supervisor)

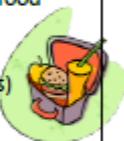
LUNCHBOX TIPS

For a balanced lunchbox we suggest:

- A main meal (sandwich, wrap, salad) containing veggies and a protein food (meat, fish, chicken, egg, cheese)
- A piece of fruit
- A healthy snack (e.g. veggie sticks)
- A drink (water is the best choice)
- An extra snack can be included

once a week. Try to reserve these for days when your child needs more energy

For more ideas visit www.healthy-kids.com.au



2ND HAND UNIFORM SHOP

For parents making purchases, you can pay by cash, cheque or credit card (through the school's Flexischools system – **PLEASE** sign up beforehand if you know you'll be paying by card!). Please **do not** use the Flexischools system for pre-ordering uniform items. Remember that the items available at the 2nd hand uniform shop vary, depending on the donations we receive. Items in high demand (such as Kinder sizes) can come and go on the same day, and we may not always have what you need.

For those dropping off pre-loved items, you can download the updated **2nd Hand Uniform Sales 2015** form from "Links" in Parent Lounge, accessible from the school's website. Make the most of the direct deposit option and have the funds for your pre-loved items deposited directly into your bank account within a few days rather than waiting for a cheque to be sent out (which can take up to 2 weeks).

Opening dates for Term 2 2015 are fortnightly on Thursdays from 8am-10am

21st May

4th June

18th June



The Uniform Shop
(02) 4392 9128

lakesgrammar@alinta.com.au

Uniform Shop opening hours during school terms are:

Monday 8.00am – 10.00am -

Wednesday 8.00am – 10.00am

Thursday 2.30pm – 4.30pm

Friday 8.00am – 9.30am

The uniform shop can be contacted during these hours by phone or email:

lakesgrammar@alinta.com.au

Payments can be made direct to Alinta Apparel on the day of purchase. Alinta will take payments in the form of cash, credit card, or debit credit card.

Uniform price list & online shopping available at:

www.alintaapparel.com.au

Blazers are NOW in stock!



Poppy Project

Aim: To make 100 Poppies for the ANZAC Centenary by Remembrance Day 2015. Get your knitting and silk patterns from Mrs King today. Return finished poppies to D Block staffroom. Our poppy art will be presented to Doyalson RSL for Remembrance Day. This project is a great school community initiative as parents, students and staff are encouraged to get involved. Knitting is wonderful for relaxation and fine motor skills. Many students are using the project for their Duke of Edinburgh community service component. I will be conducting knitting workshops at the beginning of Term 4. However, you can start knitting now if you already know how or have someone to teach you at home.

Mrs M King – Senior School PDHPE teacher

redeem them for a reward. The rewards items available during 2015 are:

- ET DVD, released Term 1
- Planet Handball, released Term 1
- Invisible Ink Martian Pen, released Term 2
- Intergalactic Rocket, released Term 2
- Glow-in-the-Dark Solar System, released Term 3
- Cosmic Light Beam Torch, released Term 3
- Outer Space Savers Money Box, released Term 4
- Lunar Light Bank, released Term 4

Lakes Grammar is excited to offer the Commonwealth Bank School Banking program to all students.

School Banking Day at our school is every Thursday.

You can open an account at any branch, by calling 13 22 21, or online if you are an existing Commonwealth Bank customer.

Thanks for your support



PAT The Dog visited our school!

Pat the Dollarmite visited our assembly on Monday 4th May 2015 to talk to us about the Commonwealth Bank School Banking program. The School Banking program provides children with an opportunity to make deposits into their personal Commonwealth Bank Youthsaver account at school each week. The program is about how often your child makes deposits, not how much they deposit.

To encourage regular savings behaviour the program offers an exciting Rewards Program. Every deposit earns your child a Dollarmites token, and once they've collected 10 tokens they can



Teaching someone to drive can be a happy experience.

You can learn all the simple steps on how to teach a learner driver at a **FREE** two hour workshop.

The next workshop in your area will be held:

TIME & DATE: Tuesday Tuesday 26th May 6.30 - 8.30pm	VENUE: Tuggerah Library Westfield Shopping Centre, Tuggerah	BOOK NOW ON: Road Safety Officer - Education 4350 5232
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Or email kirsty.taylor@wyong.nsw.gov.au
kate.keogh@wyong.nsw.gov.au

Helping learner drivers become safe drivers